

DON'T TURN YOUR **HEAD**

Don't turn your head and walk away or stop
Wide-eyed and stand and stare, we need folks to understand
Why we move our head and shake our hand.

Or stand for ages, when legs won't move as if we're stuck
In a permanent groove.
Parkinson's Disease is controlling our lives
Making it hard for husbands and wives

We may drop the cup and liquid gets spilled
Before our partner realise the mug is tilted!
The carpet needs mopping also the chair
To have friends call I now quite rare

They get embarrassed and stay away
They **cannot** comprehend what we are trying to say
As over time our speech becomes slurred
We cannot; pronounce each syllable and word

So this is a plea-straight from our heart-
Don't turn away and quickly depart help our partners
continue to care ; support them
they need friends in their despair.