

Contact Information taken from the publication "Supporting the Aged"

It is suggested that a folder of relevant information be kept and updated at regular intervals. The following organisations can be approached for help and informative literature. The locations of local organisations/branches are listed in the Telephone Directory or in Yellow Pages under Charitable Organisations, or can be obtained from Council for Voluntary Service, a library or Citizen's Advice Bureau. If there is no local branch, call the national number.

Age UK	Advice and help on most concerns of elderly people, and many informative leaflets. A range of free advice leaflets on finance, housing, home safety, health, making a Will, bereavement. Advice Line and personal alarm systems.
Aids Suppliers	See Yellow Pages under Disability Information and Service and Mobility Equipment
Benefits Agency (Social Security)	In Telephone Directory under Benefits Agency
Christadelphian Benevolent Fund	(via Recording Brother) Help for brothers or sisters in financial need
Christadelphian Support Network UK	Information, support and prayer. www.chsn.org.uk
Christadelphian Care Homes for sheltered housing, nursing, residential and dementia and respite care	phone number 0121 764 3540
Citizens Advice Bureau (CAB)	General information and advice on benefits, finance, legal issues, heating, etc. and 'where to go for what'
Community Transport	Convenient, accessible and assisted transport for people who cannot cope with public transport
Council for Voluntary Service (CVS)	(possibly listed as Volunteer Bureau) Information about local voluntary organisations
Crime Prevention (Police)	Listed as Police or Crimestoppers Do NOT ring 999 Advice on home safety and crime prevention
Crossroads	A voluntary organisation offering respite care, to relieve carers
Department of Health	Freephone 0800 555 777 Informative literature on health issues
Disability Direct	Information and advice service
Fire Service	Listed under Fire Do not ring 999 except in emergency Advice about fire safety in the home
General Practitioner	First port of call for health care and medical services – referral to specialists, district nurses, health visitors, physiotherapist, occupational and speech therapists, continence adviser, wheelchairs, day care and respite care
Health Information Service	Freephone 0800 665544 Helping callers to make better use of NHS services
Health Promotion (NHS)	Leaflets on maintaining health and safety, also books and videos to hire
Home Energy Efficiency Scheme	Freephone 0800 952 0600 Grants for insulation and heating improvement
Independent Age	A charity providing information and a national advice service for older people, their families and carers. Web site: www.independentage.org . Phone 0800 319 6789 or email advice@independentage.org

Supporting the Aged

Contact Information 01/09/2015



Local Acute Hospital A & E Department	For medical emergencies and accidents
Local Council	Information about Housing Benefit, Council Tax, Radar keys for access to public toilets for disabled people, home improvement grants, health and safety, libraries
Local Housing Associations	(Yellow Pages or enquire CVS or CAB) Special housing for easier living, home repair services
NHS Direct	Freephone 0845 46 47 47 A confidential telephone access to a qualified nurse for advice on health Matters
Office of the Public Guardian	www.gov.uk/power-of-attorney/make-a-lasting-power-of-attorney 0300 456 0300 Help and advice on preparing, registering and implementing Lasting Powers of Attorney (LPA)
Royal Society for the Prevention of Accidents (RoSPA)	Informative leaflets and advice on accident prevention and home safety
Safeguarding Vulnerable Groups Act 2006	Wikipedia en.wikipedia.org/wiki/Safeguarding_Vulnerable_Groups_Act_2006 www.chsn.org.uk/working-with-young-people
Social Services	(listed under Local Council – contact local Area Office) Support services, meals on wheels, day centres, respite care, residential care, Welfare Rights advice, assessment of needs. A social worker can advise on a wide range of practical, personal and financial problems.
Welfare Rights (Social Services)	Guidance on claiming State Benefits, independent of the Department of Social Security (Benefits Agency)
Voluntary Organisations	There are many national and local organisations offering information, advice and support on specific conditions, eg Alzheimers Society, Arthritis Care, British Heart Foundation, CAMTAD (help for the deaf), Diabetes UK, Listening Books (books on tape), MIND (all aspects of mental health), Parkinson’s Disease Society, RNIB (re blindness), RNID (re deafness), The Stroke Association, etc
WRVS	Practical help for housebound and elderly people
For local builders, plumbers, gardeners, taxis, etc, it is advisable to get personal recommendations from neighbours	Local Age UK can sometimes provide recommendations.

Information, and further copies of the publication “Supporting the Aged” can be obtained from:

The Christadelphian Support Network UK

Phone: Admin 01555 705099

Email: admin@chsn.org.uk

Web Site: www.chsn.org.uk