

## DON'T TURN YOUR **HEAD**

Don't turn your head and walk away or stop  
Wide-eyed and stand and stare, we need folks to understand  
Why we move our head and shake our hand.

Or stand for ages, when legs won't move as if we're stuck  
In a permanent groove.  
Parkinson's Disease is controlling our lives  
Making it hard for husbands and wives

We may drop the cup and liquid gets spilled  
Before our partner realise the mug is tilted!  
The carpet needs mopping also the chair  
To have friends call I now quite rare

They get embarrassed and stay away  
They **cannot** comprehend what we are trying to say  
**As** over time our speech becomes slurred  
We cannot; pronounce each syllable and word

So this is a plea-straight from our heart-  
Don't turn away and quickly depart help our partners  
continue to care ; support them  
they need friends in their despair.